

## **Recovery Coach Training and Supervision Program**

Young People in Recovery (YPR) is a national grassroots advocacy organization focused on creating recovery-ready communities throughout the nation for young people in, or seeking, recovery. YPR aims to improve access to treatment, education and employment opportunities, and secure, quality housing on local, state, and national levels. By creating a national network of young people in recovery, we empower young people to get involved in their communities by providing them with the tools and support to take charge of their futures.

### **YPR Recovery Coach Training and Supervision:**

YPR supports communities through providing Recovery Coach trainings and supervision for newly trained coaches. Recovery Coach Supervisors provide the necessary support for newly trained coaches to stay on the path to certification. Through the power of their training and lived experience, Recovery Coaches form one-on-one relationships and facilitate groups with participants that support the participants in maintaining their recovery and becoming productive members of society.

### **YPR Recovery Coaching and Supervision Objectives:**

YPR Supervisors support recovery coaches through:

- Regular check-ins
- Data-collection support and oversight
- Support in securing the necessary hours to earn certification
- Providing ongoing mentorship

YPR Coaches support participants through:

- Regular check-ins
- Facilitating access to recovery and other needed resources in the community
- Facilitating goal-oriented recovery wellness planning and motivating participants to meet their goals through quantifiable steps
- Providing ongoing mentorship and role modeling of a healthy recovery lifestyle

### **YPR Recovery Coaching and Supervision Implementation:**

A successful recovery coaching and supervision implementation timeline looks like:

- YPR hires a certified peer within a specific state
- YPR supports this certified peer to become a certified recovery coach supervisor
- YPR supports this newly certified peer supervisor to identify 3-5 other certified peers in the state and supports them in becoming certified supervisors
- YPR facilitates recovery coach trainings in 3-5 state locales where supervisors are now located
- YPR supervisors support newly trained recovery coaches in earning certification and providing services to end-user participants in their communities